## Jana Nayman, M. Ed Certified School Counselor Beachside Montessori Village



Dear Parents and Guardians,

I would like to take this opportunity to introduce myself. My name is Jana Nayman, and I am the new part time school counselor at Beachside Montessori Village! It is my absolute pleasure to be your child's school counselor! I am so excited to be joining such a distinctive school, and I am looking forward to working closely with the wonderful students, parents and staff at BMV. I will be at school on a part-time basis, and my typical schedule will be Mondays, Thursdays, and Fridays from 8:30am-2:30pm.

As our first step in building a collaborative relationship, I would like to tell you a little about myself. I am a certified school counselor with experience at both the elementary and middle school levels. I hold a Master's degree in School Counseling as well as a Bachelors in Psychology from Florida Atlantic University. Most importantly, I have a true passion for student happiness, success, and well-being!

As a school counselor, my role is to support EVERY student in their academic, social-emotional, and career development. I achieve this by working with students in classrooms, small groups, and individually. I also consult with parents and teachers to ensure students are reaching their fullest potential and help eliminate educational barriers. My goal is for all students to develop the life skills and tools that are necessary for them to be happy and successful!

I am here to support you and your child. A student can request to meet with me by asking a teacher or parent. Students may also be referred by a parent/guardian, teacher, or administrator. If you would like to schedule a school counseling meeting for your child, please send me an email. For ease of access, the referral form is posted on the School Counseling Website under the School Counselor Referral tab.

As you are aware, we are starting our school year virtually. Throughout our virtual learning experience, I will be posting counseling lessons for students and resources for parents. Please ensure your child has accepted the School Counseling Course on Canvas. Each week I will be posting lessons on Social-Emotional Learning (SEL) topics such as coping with current circumstances, developing a growth mindset, learning helpful verse unhelpful thinking, and being a successful virtual learner, to name a few! Also, please be sure to check the <u>School Counseling website</u> located under the Guidance link on the Beachside Montessori Website for updates.

I encourage you to reach out if you have concerns regarding your child. The best method to contact me is to email Jana.Nayman@browardschools.com. I am truly delighted to have the opportunity to work with your child and get to know you throughout the school year!

Warmest regards,

Jana Nayman, M. Ed Jana.Nayman@browardschools.com